



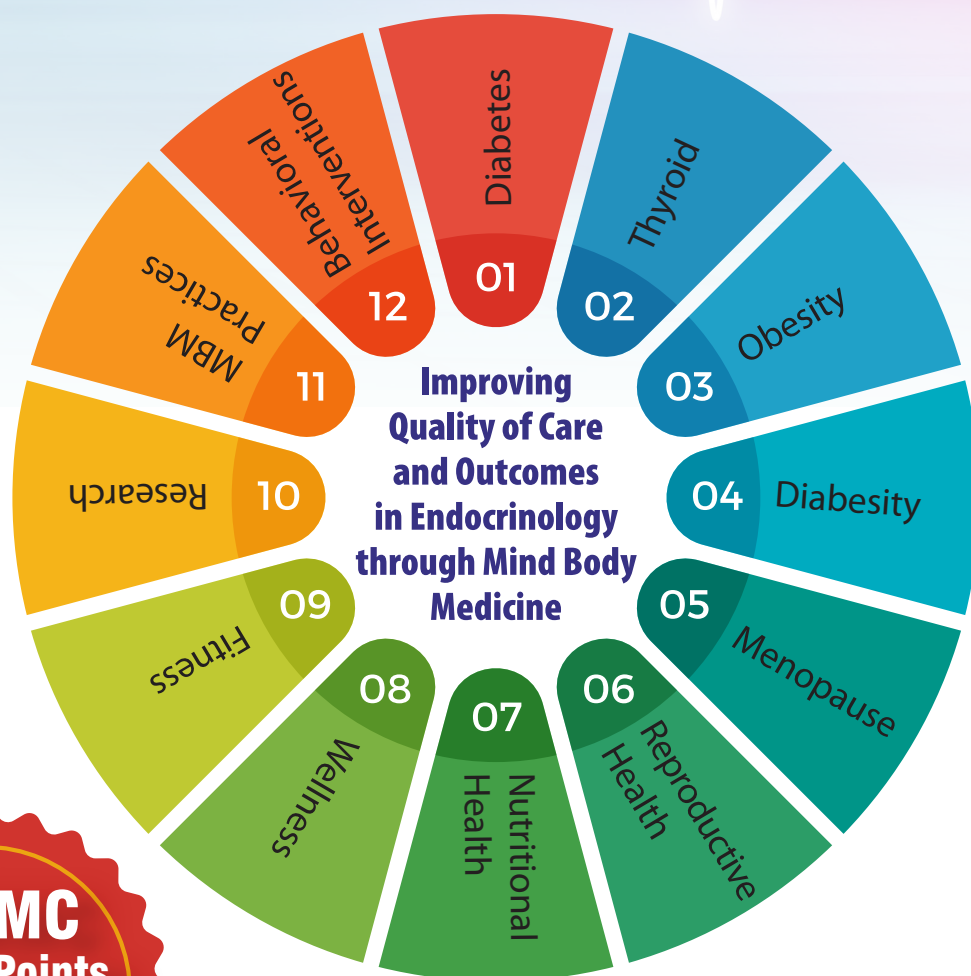
SYNAPSE 2022

3rd International Conference on
Mind Body Medicine in Endocrinology & Diabetes

23rd - 24th April, 2022 | Pride Hotel Pune

Hybrid (Virtual & In-Person)

THIRD ANNOUNCEMENT
BROCHURE



**4 MMC
Credit Points
Awarded to
Delegates**



REGISTER HERE

www.synapseconference.com

Welcome Message

Dear Sir/Madam,

Society for Prevention, Healthcare, Education and Research (SPHERE) is a charitable non profit making organisation which works in the field of creating awareness in women health, mental health and MBM (Mind Body Medicine), Cancer prevention, awareness and prevention of non-communicable disease. Keeping in mind its motto, SPHERE conducts doing patient workshops and camps on diabetes thyroid, wellness of women, obesity prevention of non-communicable disease. Keeping in mind its motto, SPHERE conducts doing patient workshops and camps on diabetes, thyroid wellness of women, obesity prevention, growth, pubertal, bone health camps.

We also conduct mind and body health awareness programs in diabetes, woman health, thyroid, cancer patients and those with other endocrine disorder with an objective to improve societal awareness and prompt treatment of the problems. SPHERE aims at spreading awareness on NCD's (Non communicable Diseases) in various age groups from childhood to adulthood including infants, children's, adolescents, pregnant women's, post-partum mothers, menopausal women and geriatric population. SPHERE also collaborates with organizations and associations working in same principles and philosophy.

SPHERE has successfully conducted SYNAPSE 2020, the first international conference on Mind and Body medicine in Endocrinology Pune on 1st and 2nd February 2020 last year in collaboration with Endocrine society of India and Cognitive Behaviour Medicine Trust (CBM) and Indian Psychiatry Society (IPS) task force for mind and body medicine. It was successfully attended by over 1000 doctors from all over the world and live workshop attended by nearly 250 delegates. The major focus was to introduce the **CONCEPT OF MIND HEALTH AND HEALTH PSYCHOLOGY IN DIABETES TO DOCTORS TREATING DIABETES AND (OR) MIND.**

SYNAPSE 2021 was a step ahead and conducted last year in virtual mode and attended by 400 doctors globally. It revolved around evidence based literature on MBM and understanding **BEHAVIOURAL AND NON PHARMACOLOGICAL INTERVENTION IN DIABETES**

This year our major focus is to introduce the concept of mind health and Psycho-neuro-immune-endocrinology for **IMPROVING QUALITY OF CARE AND OUTCOMES IN ENDOCRINOLOGY** by doctors treating diabetes and endocrine disorders.

We are pleased to inform you about our upcoming event **SYNAPSE 2022** which is the third International conference in Mind and Body Medicine in Endocrinology and Diabetes. It will be held in Pune on **23rd and 24th April 2022 at Hotel Pride International, Shivaji Nagar, Pune.** SPHERE is organising this conference in collaboration with Cognitive Behaviour Medicine Trust (CBM) and Indian Psychiatry Society (IPS) Task Force for Mind and Body medicine, Endocrine Society of India (ESI), West zone IPS, National Association of Physician India (API). It is an unique forum where various national and international bodies working in the field of endocrinology, diabetes, psychiatry and public health are collaborating with SPHERE on global platform for the cause of mind body health promotion in endocrine and non-communicable disease helping us to go beyond boundaries of pathies, specialities and regions to explore the realm of mind in medicine.

The faculty will be national and international experts in field of diabetes, endocrinology, cardiology, neurology, rheumatology, psychiatry, psychology, exercise and yoga and health advisors from all over the world. The conference is expected to be attended by **600-700 delegates** from fields of medicine like diabetologist, endocrinologist, physicians, neurologist, cardiologist and paramedical branches.

We request support of your esteemed organisation and help us bringing about a true integration of various specialities in improving mind health.

We assure you to give maximum visibility to your organization to assure best.

Regards,

Warm regards



DR VAISHALI DESHMUKH

MD, DNB (medicine-gold medalist) DM (Endocrinology)
Secretary [Society For Prevention, Healthcare, Education & Research (SPHERE)]
ORGANISING CHAIRPERSON – SYNAPSE 2022
Consultant & Head of Endocrinology Department
Deenanath Mangeshkar Hospital & Research Centre
Director, Deshmukh Clinic & Research Centre, Pune, India
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WHAT DOES **SYNAPSE 2022** HAVE IN STORE FOR YOU:

- 2-day virtual/Hybrid conference
- 1 day physical workshop on MBM in Obesity
- Dr VA Lokhandwala Oration
- 2 Plenary session
- 3 Presidential addresses
- 6 Keynote addresses
- 15 sessions of virtual education and research in MBM
- 3 Panel Discussions
- Mind body practice techniques online
- Virtual abstract and poster presentation
- Networking opportunity
- Accreditation points with MMC(applied)

About SPHERE

Society for prevention, healthcare, education and research (SPHERE) is a charitable non-profit making organisation which works in the field of creating awareness in women health and mental health, cancer prevention and prevention of other non-communicable diseases.



SPHERE aims at spreading awareness on non-communicable diseases in various age groups from childhood to adulthood including infants, children, adolescents, pregnant women, post-partum mothers, menopausal women and geriatric population.

In line with its motto, we have been doing patient workshops, camps, doctors CMEs on diabetes and thyroid in women's, obesity, growth and puberty, mind and body health in diabetes, thyroid and endocrinological disorders.

SPHERE focuses on education for prevention, screening of non-communicable diseases, providing care and treatment of non-communicable disease, developing new research ideas, collaborations and innovation in above areas. In long term, SPHERE collaborates with organizations and associations working in same arena and areas of interests.

SCIENTIFIC PROGRAM

SATURDAY (APRIL 23, 2022)

**Regal Hall A (Hybrid Physical)
HYBRID CONFERENCE FOR ALL REGISTERED DELEGATES**

TIME	TOPICS	SPEAKERS
-	Master of Ceremony	Dr Sonali Bhojane (Diabetologist, Pune)
08:20-08:30	Welcome Note	Dr Vaishali Deshmukh (Endocrinologist, Pune)
08:35-10:00	Session 1 : IMPROVING HEALTH OUTCOMES IN OBESITY	Moderator: Dr Mohan Shenoy (Endocrinologist, Trivandrum)
08:35-8:55	Mind body issues in childhood obesity	Dr Hemant Phatale (Endocrinologist , Aurangabad)
08:55-09:15	Psychosocial issues and impact of stigma associated with obesity in adults	Dr Nitin Kapoor (Endocrinologist, Vellore)
09:15-09:35	Screening for Obesity: Start early before it flares!	Dr Karthik Balchandran (Endocrinologist, Chennai)
09:35-09:55	Measures of Distress in Diabetes/ Menopause/Obesity	Dr Saptarshi Bhattacharya (Endocrinologist, New Delhi)
09:55-10:05	Discussion	
10:05-10:25	Session 2: Presidential address	Moderator: Dr Arun Marwale (Psychiatrist, Aurangabad)
	Mind Health For Body Health: Reorienting Physicians	Dr NN Raju (Psychiatrist, Hyderabad)
10:25-10:35	Inauguration & Lamp Lighting	
10:35-10:55	Session 3: Plenary address	Moderator: Prof Dr Shivram Varambally (Co-chair IPS Task Force on MBM, Psychiatrist, NIMHANS, Bengaluru)
	Evolving Composite NCDs Management in India:The way forward	Padmashri Prof Dr B N Gangadhar (President, National Medical Commission, India)
10:55-11:55	Session 4: Keynote address	Moderator: Dr. Priti Phatale (Childhood obesity specialist, Aurangabad) Dr Mukund Penurkar (Secretary, API, Pune)
10:55-11:15	Happiness -Neuro Immuno Endocrine Correlates	Padmashri Prof Dr Shashank Joshi (Senior Endocrinologist, Mumbai)
11:15-11:35	Mind health in Diabetes Management	Prof Dr AK Das (Senior Endocrinologist, Puducherry)
11:35-11:55	Economic health for mental peace	Prof Dr Manoj Chadha (Endocrinologist, Mumbai)
11:55-12:10	TEA BREAK	
12:10-18:00	Regal Hall A (Physical Session) CONCURRENT PHYSICAL SESSION (FOR ONLY WORKSHOP REGISTERED DELEGATES)	

WORKSHOP: MBM IN OBESITY MANAGEMENT

(SEPARATE REGISTRATION FOR WORKSHOP DELEGATES; FOR IN-PERSON PARTICIPATION ONLY)

LUNCH BREAK (14:05-15:00)

Crystal Hall B (Virtual) VIRTUAL CONFERENCE CONTINUES (FOR CONFERENCE REGISTERED DELEGATES)		
TIME	TOPICS	SPEAKERS
-	Master of Ceremony	Dr Rajesh Deshmane (Diabetologist, Kohlapur)
12:10-13:10	Session 5: PANEL DISCUSSION (VIRTUAL) 360 degrees perspective to health of endocrine patients (VIRTUAL)	Moderator: Dr Ameysa Joshi (Endocrinologist, Mumbai)
	Yoga for mind health	Dr Deep Dutta (Endocrinologist, New Delhi)
	Spiritual health: need or option	Dr Sundeep Ruder (Endocrinologist, South Africa)
	Social connect for mental health	Dr Arundhati Dasgupta (Endocrinologist, Siligudi)
	Physical fitness for psychometabolic wellbeing	Dr Archana Juneja (Endocrinologist, Mumbai)
	Sexual wellbeing for mind health	Prof Dr Deepak Jumani (Sexologist, Mumbai)

SCIENTIFIC PROGRAM

13:10-14:15	Session 6: PANEL DISSCUSSION (VIRTUAL) Mind Body Practices	Moderator: Dr Geeta Dharmatti (Dietician, Pune) Dr Suhas Khaire (Endocrinologist, Pune)
	EXERCISE FOR MIND GYMMING	Dr Nalini Kopalle (Endocrinologist, Hyderabad)
	Role of Nutrition in Psychologic health	Dr Shilpa Joshi (Dietician, Mumbai)
	CBT spectrum	Dr Prasad Gadkari (Psychologist, Jodhpur)
	YOGA	Adj. Prof Dr Rheinhard Bogle (President Yoga Forum, Munich)
	MEDITATION	Dr Dhananjay Chavan (Psychiatrist, Pune)
	MINDFULNESS BASED STRESS RELAXATION (MBSR)	Dr Komal Verma (Psychologist, Dubai)
14:15-14:25	TEA BREAK	
14:25-15:35	Session 7: IMPROVING HEALTH OUTCOMES IN MENOPAUSE / MENOPAUSE-MIND -CANCER INTERFACE (VIRTUAL)	Moderator: Dr Varsha Jagtap (Endocrinologist, Pune)
14:25-14:45	HORMONES -MIND AND CANCER INTERLINK AT MENOPAUSE	Prof Dr Mala Dharmalingam (Senior Endocrinologist, Bengaluru)
14:45-15:05	Mind, memory, mood and menopause	Dr Usha Sriram (Senior Endocrinologist, Chennai)
15:05-15:25	From Psycho-Oncology to MBM in oncology: Discussion	Dr Chetan Deshmukh (Medical Oncologist, Pune) Dr Arti Behl (Psychiatrist, Mysore)
15:25-15:35	Discussion	
15:35-16:35	Session 8: PANEL DISSCUSSION MIND & REPRODUCTIVE ENDOCRINOLOGY	Moderator: Dr Shehla Shaikh (Endocrinologist, Mumbai)
	PCOS : A mind and body disorder	Dr Chitra Selvan (Endocrinologist, Bengaluru)
	Hirsutism :Psychosocial perspectives	Dr Indira Maisnam (Endocrinologist, Kolkata)
	Infertility and Mind connections	Dr Sambit Das (Endocrinologist, Bhubaneshwar)
16:25-16:35	Discussion	
16:35-17:25	Session 9: PANEL DISSCUSSION (VIRTUAL) MIND & REPRODUCTIVE ENDOCRINOLOGY	Moderator: Dr Sagarika Mukherjee (Endocrinologist, Kolkata) Dr Madhavi Gadkari (Psychologist, Jodhpur)
16:35-16:55	Role of Positive Psychology	Prof Dr Pradnya Kulkarni (Psychologist, Pune)
16:55-17:15	Develpoment of a MBM research Collaboration Unit	Prof Dr DC Mathangi (Physiologist, Chennai)
17:15-17:25	Discussion	
17:25-17:55	Session 10: LIFESCAN LECTURE	(Virtual)
	Navigating Diabetes care with Structured and connected blood glucose monitoring	Dr Vaishali Deshmukh (Endocrinologist, Pune)
17:55 Onwards	Conclusion of DAY 1 Dr Paulami Deshmukh (Member SPHERE, Pune)	

SCIENTIFIC PROGRAM

SUNDAY (APRIL 24, 2022)

Regal Hall A (Hybrid Physical)
HYBRID CONFERENCE FOR **ALL REGISTERED DELEGATES**

TIME	TOPICS	SPEAKERS
-	Master of Ceremony	Dr Sonali Bhojane (Diabetologist, Pune) Dr Paulami Deshmukh (Member SPHERE, Pune)
08:00-09:00	Session 1: Paper and poster presentation (PHYSICAL)	Moderator: Dr Vinayak Harale (Endocrinologist, Pune)
08:30-10:20	Session 2: MBM & IMPROVING HEALTH OUTCOMES IN DIABETES	Moderator: Dr Jayashri Shembalkar (Endocrinologist, Nagpur)
08:30-8:50	Psychosocial aspects of diabetes in India: Duologue	Dr Anish Behl (Endocrinologist, Mysore) Dr Harish Ramachandra Joshi (Endocrinologist, Hubli)
08:50-09:10	MBM in DM management:Value addition to quality care	Dr Vaishali Deshmukh (Endocrinologist, Pune)
09:10-09:30	Bridging the Translational Gap in Diabetes	Dr Sanjay Phadke (Senior Psychiatrist, Pune)
09:30-9:50	Cardioneuroendocrinology: Studies in Diabetes	Dr Indranill Basu Ray (Cardiologist, USA)
09:50-10:10	Dialogue: Diabetes and Cardiac Autonomic Dysfunction	Dr Nitin Patki (Cardiologist, Pune) Dr Leena Phadke (Physiologist, Pune)
10:10-10:20	Discussion	
10:20-10:50	Inauguration, Lamp Lighting & Presidential Address	Presidential Address: Dr Chetan Deshmukh (Medical Oncologist, Pune)
10:55-11:05	TEA BREAK	
11:05-11:25	Session3: Presidential Address by ESI President	Moderator: Dr Kirti Samudra (Senior Physician, Panvel)
	Yoga for MBM modulation	Dr Rakesh Sahay (Endocrinologist, Hyderabad)
11:25-11:35	Session 4: Introduction of Late Dr V A Lokhandwala	Moderator:
11:35-12:05	Dr V A Lokhandwala Oration	Dr Vaishali Deshmukh (Endocrinologist, Pune) Dr Usha Ayyagiri (Endocrinologist, Chennai)
	Thyroid and Mind Health: Presidential View	Dr Sarita Bajaj (President Indian Thyroid Society, Prayagraj)
12:10-13:10	Session 5: Keynote address	Moderator: Dr Vaishali Deshmukh (Endocrinologist, Pune)
12:10-12:30	Autonomic Hygeine and Diabetes	Dr Sanjay Kalra (Past President ESI, Senior Endocrinologist, Karnal)
12:30-12:50	Tele Mental Health and NCDs (Non Communicable Diseases)	Dr Pratima Murthy (Director NIMHANS, Bengaluru)
12:50-13:10	In Utero programming of structure and function of brain, Pune studies	Dr CS Yajnik (Director Diabetes Unit, KEMH, Pune)
13:10-13:40	Session 6: Plenary address	Moderator: Dr Vani Kulhalli (Psychiatrist, Mumbai)
	Global Challenges in NCDs (Non Communicable Diseases)	Dr Norman Sartorius (President, Association for the Improvement of Mental Health Programmes - WHO, Geneva)
13:40-14:30	LUNCH BREAK	
Regal Hall A (Hybrid Physical) CONCURRENT HYBRID SESSION		
TIME	TOPICS	SPEAKERS
14:30-16:00	Session7: Research in MBM	Moderator: Dr A G Unnikrishnan (Endocrinologist, Pune)
14:30-14:50	Neuroscience of Yoga: Implications for Endocrinology	Prof Dr Shivram Varambally (Psychiatrist, Bengaluru)
14:50-15:10	Case reports highlighting psychoneuroimmunoendocrinology	Dr KVS Hari Kumar (Endocrinologist, Hyderabad)
15:10-15:30	Mind Health of patients with T1DM	Dr Rishi Shukla (Senior Endocrinologist, Kanpur)
15:30-15:50	Importance of Narrative medicine in Endocrine Practice	Dr Beena Bansal (Senior Endocrinologist, Gurgaon)
15:50-16:00	Discussion	

SCIENTIFIC PROGRAM

16:00-17:20	Session 8: MBM & Improving Health Outcomes in Diabetes	Moderator: Dr Shreerang Godbole (Endocrinologist, Pune) Dr. Sajal Kamat (Endocrinologist, Pune)
16:00-16:20	Diabetes and psychiatry interlinks : When to screen for mind issues	Dr Ganapathi Bantwal (Endocrinologist, Bengaluru)
16:20-16:40	Compassion fatigue and burnout among diabetes care providers	Dr Gagan Priya (Endocrinologist, Chandigarh)
16:40-17:00	Stress and endocrine health	Dr Milind Patwardhan (Endocrinologist, Miraj)
17:00-17:10	Discussion	
17:10-17:20	TEA BREAK	
17:20-18:05	Session 9: PANEL DISCUSSION: ROLE OF Psycho Neuro Immuno Endocrinology in Endocrinology Disorders	Moderator: Dr Vani Kulhalli (Psychiatrist, Mumbai)
	PNIE in Chronic pain :Relevance to diabetes practice	Dr Mangesh Tiwaskar (Senior Physician, Mumbai)
	Neuro connection in diabetes and endocrinology	Dr Shripad Pujari (Neurologist, Pune)
	Immune dysfunction and Chronic Inflammation in Endocrine diseases	Dr Vijayanti Joshi (Rheumatologist, Pune)
18:05 onwards	Vote of Thanks & Fellowship Announcement	Dr Madhura Samudra (Psychiatry Resident, Pune) & Dr Vaishali Deshmukh (Endocrinologist, Pune)
Crystal Hall B (Virtual) CONCURRENT PHYSICAL SESSION - CORPORATE SYMPOSIA		
15:00-16:30	Session 10: ENDOCRINOLOGY AND ONCOLOGY INTERFACE Sponsored by Oncology divisions of 1.) Intas 2.) NATCO Pharma 3.) Dr Reddy's Laboratories	Moderator: Dr Chetan Deshmukh (Medical Oncologist, Pune)
15:00-15:20	Obesity and Cancer: Perspective from a Lifestyle expert!	Dr Dheeraj Abhyankar (Medical Oncologist, USA)
15:20-15:40	Endocrine disorders and Cancer :What's the link ?	Dr Ashish Bakshi (Medical Oncologist, Mumbai)
15:40-16:20	Managing Diabetes with Cancer : A Tight Rope Walk !!	Dr Nilesh Lokeshwar (Medical Oncologist, Mumbai) Dr Mrs Sangeeta Das (Clinical psychologist, Puducherry) Mrs Meenal Vartak (Dietician, Pune) Dr Altamash Shaikh (Endocrinologist, Mumbai) Dr Anup Tamhankar (Surgical Oncologist, Pune)
16:20-16:30	Discussion	
16:30-18:00	Session 11: Novo Nordisk symposium	Moderator: Dr M Chitale (Diabetologist , Nashik)
16:30-16:55	Ameliorating glycemic variability & staying in range with ultra-long basal analogues	Dr Suhas Erande (Senior Physician, Pune)
16:55-17:20	Placing patients first in the treatment of type 2 diabetes - Oral GLP 1RA an effective and easy option	Dr Yogesh Kadam (Senior Physician, Pune)
17:25-17:50	Achieving treatment goals in T2DM: Making the most of innovations with insulin coformulation	Dr Shreerang Godbole (Senior Endocrinologist, Pune)
17:50-18:00	Discussion	
18:05 onwards	Join Hall A for Vote of Thanks & Fellowship Announcement	Dr Madhura Samudra (Psychiatry Resident, Pune) & Dr Vaishali Deshmukh (Endocrinologist, Pune)

MAIN HALL A

Physical Workshop on Mind-Body Medicine in Obesity Management

23rd April 2022 (Saturday) | 12:00 - 18:00

Obesity, by itself and as predisposition to other NCDs is responsible for a huge burden of suffering and social costs, and yet many patients lack access to evidence-based therapies.

There have been several advancements in understanding of obesity in recent times, the **most spectacular being through neuroscience research**, which establishes **obesity as a mind-body disease**.

The workshop focuses on **conceptual update on obesity as mind-body disease**, as well as **practical/experiential feel** of evidence-based mind-body approach to assessment and intervention for comprehensive management of obesity across the life cycle.

Conceptual update

- **Mind and obesity interface:** advancement in neuroscience of obesity
- **Psychological antecedents and consequences** in obesity, and challenge of vicious cycle of stress and allostasis
- Conceptualizing comprehensive Psycho-Neuro-Immune-Endocrine (PNIE) model of obesity

Practical/experiential update

- Translating newer understanding into practice: **conducting multidimensional assessment of obesity**
- **Health psychology of obesity:** psychological interventions for barriers and challenges in changing health habits, non-adherence and relapses
- **Sustainable change and wellbeing in obesity: Mind-Body interventions** for multi-level corrections in psycho-neuro-immune-endocrine dysfunction
- **Experiential feel of mind-body basics and techniques:** practicing self-awareness and self-regulation
- **Implementing Mind-Body Medicine in clinics:** Stepped-up care approach of obesity management in clinical practice

Workshop Faculty

- **Dr. Sanjay Phadke**, Senior Consultant Neuropsychiatrist and Chair, IPS Task Force on Mind-Body Medicine, Pune
- **Dr. Shivarama Varambally**, Professor, NIMHANS and Co-Chair, IPS Task Force on Mind-Body Medicine, Bangalore
- **Dr. Arun Marwale**, Professor and President, Indian Psychiatric Society (WZ), Aurangabad
- **Dr. Vani Kulhalli**, Consultant Psychiatrist and member Committee on Mind-Body Medicine, Mumbai
- **Mr. Prasad Gadkari**, Senior Consultant Clinical Psychology IIT-J, Jaipur
- **Mrs. Madhvi Gadkari**, Senior Consultant Clinical Psychology NIFT, Jaipur
- **Dr. Pradnya Kulkarni**, Asst. Professor, Psychology, Pune
- **Dr. Leena Phadke**, Professor, Certified in Mind-Body Medicine, Harvard Medical School (USA) and Certified in Obesity Management (UK), Pune
- **Adj. Prof. Reinhard Boegle**, President Yoga Forum, Munich and faculty Munich Open University (MVHS), Germany.
- **Dr Geeta Dharmatti**, Registered Dietician, Pune
- **Dr. Vaishali Deshmukh**, (DM Endocrinology)
Assistant prof of endocrinology at Sassoon General Hospital, Pune.
Director and Consultant and Head of Endocrinology at Deenanath Mangeshkar Hospital & Deshmukh Clinic & Research Centre, Pune.
Secretary [Society For Prevention, Healthcare, Education & Research (SPHERE)]
Organising chairperson – SYNAPSE 2022

FACULTY

INTERNATIONAL FACULTY

Prof Dr Norman Sartorius Geneva	Adj. Prof. Reinhard Boegle Germany	Dr Limci Gupta UK
Dr Sundeep Ruder South Africa	Dr Indranill Basu Ray USA	Dr May Mokbelpur USA
Dr Dheeraj Abhyankar USA	Dr Komal Verma Psychologist, Dubai	

NATIONAL FACULTY

Dr A G Unnikrishnan Endocrinologist, Pune	Dr KVS Hari Kumar Endocrinologist, Hyderabad	Dr Rishi Shukla Endocrinologist, Kanpur
Dr AK Das Endocrinologist, Puducherry	Dr Karthik Balchandran Endocrinologist, Chennai	Dr Sagarika Mukherjee Endocrinologist, Kolkata
Dr Altamash Shaikh Endocrinologist, Mumbai	Dr Kirti Samudra Senior Physician, Panvel	Dr. Sajal Kamat Endocrinologist, Pune
Dr Ameya Joshi Endocrinologist, Mumbai	Dr Leena Phadke Physiologist, Pune	Dr Sambit Das Endocrinologist, Bhubaneswar
Dr Anish Behl Endocrinologist, Mysore	Dr M Chitale Diabetologist, Nashik	Dr Mrs Sangeeta Das Clinical psychologist, Puducherry
Dr Anup Tamhankar Surgical Oncologist, Pune	Dr Madhavi Gadkari Psychologist, Jodhpur	Dr Sanjay Kalra Endocrinologist, Karnal
Dr Archana Juneja Endocrinologist, Mumbai	Dr Madhura Samudra Psychiatry Resident, Pune	Dr Sanjay Phadke Senior Psychiatrist, Pune
Dr Arti Behl Psychiatrist, Mysore	Dr Mala Dharmalingam Endocrinologist, Bengaluru	Dr Saptarshi Bhattacharya Endocrinologist, New Delhi
Dr Arun Marwale Psychiatrist, Aurangabad	Dr Mangesh Tiwaskar Senior Physician, Mumbai	Dr Sarita Bajaj Endocrinologist, Prayagraj
Dr Arundhati Dasgupta Endocrinologist, Siligudi	Dr Manoj Chadha Endocrinologist, Mumbai	Dr Shashank Joshi Endocrinologist, Mumbai
Dr B N Gangadhar President, National Medical Commission, India	Mrs Meenal Vartak Dietician, Pune	Dr Shehla Shaikh Endocrinologist, Mumbai
Dr Beena Bansal Endocrinologist, Gurgaon	Dr Milind Patwardhan Endocrinologist, Miraj	Dr Shilpa Joshi Registered Dietician, Mumbai
Dr CS Yajnik Director Diabetes Unit, KEMH, Pune	Dr Mohan Shenoy Endocrinologist, Trivandrum	Dr Shivram Varambally Psychiatrist, Bengaluru
Dr Chetan Deshmukh Medical Oncologist, Pune	Dr Mukund Penurkar Secretary, API, Pune	Dr Shreerang Godbole Endocrinologist, Pune
Dr Chitra Selvan Endocrinologist, Bengaluru	Dr NN Raju President, Indian Psychiatry Society, Hyderabad	Dr Shripad Pujari Neurologist, Pune
Dr DC Mathangi Physiologist, Chennai	Dr Nalini Kopalle Endocrinologist, Hyderabad	Dr Sonali Bhojane Diabetologist, Pune
Dr Deep Dutta Endocrinologist, New Delhi	Dr Nilesh Lokeshwar Medical Oncologist, Mumbai	Dr Suhas Erande Senior Physician, Pune
Dr Dhananjay Chavan Psychiatrist, Pune	Dr Nitin Kapoor Endocrinologist, Vellore	Dr Suhas Khaire Endocrinologist, Pune
Dr Gagan Priya Endocrinologist, Chandigarh	Dr Nitin Patki Cardiologist, Pune	Dr Usha Ayyagiri Endocrinologist, Chennai
Dr Ganapathi Bantwal Endocrinologist, Bengaluru	Dr Paulami Deshmukh Member SPHERE, Pune	Dr Usha Sriram Endocrinologist, Chennai
Dr Geeta Dharmatti Registered Dietician, Pune	Dr Pradnya Kulkarni Psychologist, Pune	Dr Vijayanti Joshi Rheumatologist, Pune
Dr Harish Ramachandra Joshi Endocrinologist, Hubli	Dr Prasad Gadkari Psychologist, Jodhpur	Dr Vaishali Deshmukh Endocrinologist, Pune
Dr Hemant Phatale Endocrinologist, Aurangabad	Dr Pratima Murthy Director NIMHANS, Bengaluru	Dr Vani Kulhalli Psychiatrist, Mumbai
Dr Indira Maisnam Endocrinologist, Kolkata	Dr Priti Phatale Childhood obesity specialist, Aurangabad	Dr Varsha Jagtap Endocrinologist, Pune
Dr Indranil Basu Ray Cardiologist, USA	Dr Rajesh Deshmane Diabetologist, Kohlapur	Dr Vinayak Harale Endocrinologist, Pune
Dr Jayashri Shembalkar Endocrinologist, Nagpur	Dr Rakesh Sahay Endocrinologist, Hyderabad	Dr Yogesh Kadam Senior Physician, Pune
Dr Deepak Juman Sexologist, Mumbai		

COMMITTEE

PATRONS

Prof Dr Norman Sartorius	Prof Dr B N Gangadhar	Mr Raghunath Deoghare	Prof Dr Padmavati Menon
Prof S. N Bhavsar	Dr Premalatha Varthakavi	Dr CS Yajnik	Dr D B Kadam
Dr P. M. Jadhav, Aurangabad	Dr RT Borse	Dr Shashikala Sangle	

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Dr Shashank Joshi	Dr Sanjay Kalra	Dr Ganpathy Bantwal	Dr Sarita Bajaj
Dr Milind Patwardhan	Dr Leena Phadke	Mr Prasad Gadkari	Mrs Madhavi Gadkari
Dr Pramod Gandhi	Dr Manoj Chadha	Dr Rakesh Sahay	

ORGANIZING CHAIRPERSON

Dr Vaishali Deshmukh

ORGANIZING CO- CHAIRPERSON

Dr Arun Marwale

ORGANIZING COMMITTEE

Dr Ameya Joshi	Dr Gagan Priya	Dr Vani Kulhalli	Dr Anish Behl
	Dr Shehla Shaikh	Dr Aarti Behl	

MIND HEALTH WORKSHOP M: TEAM

Dr Vaishali Deshmukh	Dr Sanjay Phadke	Dr Leena Phadke	Dr Shivram Varambally
Dr Prasad Gadkari	Dr Madhavi Gadkari	Dr Pradnya Kulkarni	Dr Arun Marwale
Dr Geeta Dharmatti	Ms Manjusha Vehale	Ms Paulami Deshmukh	Adj. Prof. Reinhard Boegle

Registration Fee

Registration for PHYSICAL Conference Participation

Category	Regular (till 20 Apr'22)	On-Spot (23 - 24 Apr'22)
Indian Doctors	₹ 4,000	₹ 8,000
Medical Students	₹ 1,000	₹ 2,000
Healthcare Professionals	₹ 2,000	₹ 4,000
Foreign Doctors	\$170	\$240

Registration for VIRTUAL Conference Participation

Category	Regular (till 20 Apr'22)	On-Spot (23 - 24 Apr'22)
Indian Doctors	₹ 2,000	₹ 4,000
Medical Students	₹ 500	₹ 1,000
Healthcare Professionals	₹ 1,000	₹ 2,000
Foreign Doctors	\$85	\$120

Registration for WORKSHOPS (PHYSICAL Participation only)

Category	Regular (till 20 Apr'22)	On-Spot (23 - 24 Apr'22)
Indian Doctors	₹ 4,000	₹ 6,000
Medical Students	₹ 2,000	₹ 4,000
Healthcare Professionals	₹ 3,000	₹ 5,000
Foreign Doctors	\$100	\$120

Inclusions for attending the congress VIRTUALLY

- E-version of all conference material (if any).
- Access to virtual scientific sessions, virtual exhibition booths, on-demand videos & virtual poster area.
- Workshop is open for physical participation only.

Inclusions for attending the congress PHYSICALLY

- Access to scientific sessions & exhibition halls as well as the virtual meeting platform.
- Conference Lunches on April 23 & 24, 2022 and Welcome Reception on April 23, 2022.
- You Can either register for Conference only, Workshop only or both Conference & Workshop – all three options for in-person participation only.

General Terms & Conditions:

- By registering you confirm that the COVID-19 protocols set by the organisers will be adhered by you when in the congress venue.
- The amount mentioned above does not include GST @ 18% and hence will be charged additionally.
- Login credentials to access the virtual conference platform will be sent to you closer to the conference dates.
- The registration fee does not include any travel cost, insurance, accommodation, sightseeing tours or airport transfers.



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Conference Secretariat

DR VAISHALI DESHMUKH

MD, DNB (medicine-gold medalist) DM (Endocrinology)
Secretary [Society For Prevention, Healthcare, Education & Research (SPHERE)]

ORGANISING CHAIRPERSON – SYNAPSE 2022
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